

The IYFL has voted to step away from AYF affiliation for 2024 Season.

**What is the age cutoff?** Player age cut-off is July 31. (IYFL requires this date)

Ex: If someone turns 8 on 8/16, player would be 7 on July 31 and play with 7U.

**Physical Forms:** We can accept a medical report from Nov 30, 2023 to present for the 2024 season.

IMPORTANT: All players must turn in their physical form to the coach prior to practice. If this paperwork is not turned in, they will NOT be able to participate in practice. There are no exceptions to this rule. If you are unable to get the physical form completed before the first practice, please have the paperwork completed as soon as possible and give it to the coach in order to participate. This pertains to ALL children participating in the Wildcats program.

**Proof of Identity:** For any new players: an ORIGINAL proof of identity must be shown AND a COPY to leave behind to keep on record. Acceptable Forms of Proof of Identity (NEED ONE):

- Birth Certificate
- Passport
- State ID (age 10 or older)

### **Equipment Needed:**

#### **Football:**

**Flag:** Mouthguard & Cleats. Game day t-shirt to be provided.

**7U, 9U, 11U and 13U:** Mouthguard, Chin Strap, Cleats, Black Padded Football Pants (pads on thighs, hip and tail bone), Cup, Practice Jersey (must be large enough to fit over shoulder pads). Optional - Face Shield (must be clear with no tint or design)

A check deposit for \$150 is required for the helmet & shoulder pads. This check will not be cashed unless equipment is not received back.

A football jersey will be provided.

#### **Cheer:**

Cheerleaders will be provided a cheer uniform. A check deposit for \$135 is required. Should the uniform come back in the condition it was received, you will be given that check back. Should the uniform come back damaged, we will deposit your check to purchase a new replacement uniform.

Cheerleaders will need Softe practice shorts (in maroon, gold, or black) and a t-shirt (preferably Avon Grove) for practices. An AGW Cheer practice shirt will be provided once the order is received. All cheerleaders should bring a beach towel, bug spray, and water to every practice while we are outside!

Cheer shoes (they must be shoes specifically made for cheer) can be bought from many places including Omni Cheer, and Amazon!

In addition, details will be provided regarding ordering of bows, body liners, and briefs after the season begins.

### **Practice Schedules (tentative):**

FLAG FOOTBALL – practice starts the first week in August and will run 3 x per week for the first 3 weeks and then will be 2 x per week. Days of the week will be determined by the coach and distributed directly to the parents of registered players.

All levels of TACKLE FOOTBALL – practice starts the first week in August and will run 5 x per week, Monday through Friday, for the first 3 weeks. Practices will then move to 3 x per week. Days of the week will be determined by the coach and distributed directly to the parents of registered players.

Week 1 - Heat Acclimation & Equipment:

- Monday – Wednesday (Days 1-3): Shorts, T-Shirt
- Thursday (Day 4): Shorts, T-Shirt, Helmets, Mouthpiece
- Friday (Day 5): Shorts, T-Shirt, Helmets, Mouthpiece, Shoulder Pads
- All Following weeks – Full Practice Gear is to be worn.

Cheer: Historically we have had practices on Monday and Wednesday evenings; this may change this year and/or when we move indoors in mid-September. Practice times are 6-7:30pm.

**Game Schedules:** Game schedules have yet to be finalized and likely won't be until August. Games typically take place on Saturdays but may be scheduled for Sundays. Game distance varies based on the schedule; we play games at home and other games are up to about 45 minutes away.

### **Can I participate in both middle school and AG Wildcats?**

AGW works alongside players who dual roster so that a good schedule is established without overlap, if possible. AGW also takes into consideration contact time so that kids are practicing with PIAA recommended safety guidelines. Games for the middle school team are typically Wednesdays, right after school. Games for the AG Wildcats are on the weekends and practices are in the evenings.

\*Please note – Dual roster is only allowed for Middle School or CYO. Football players are NOT allowed to play on any other football team except for middle school or CYO. Penalty is forfeit of Season for the entire team. Please contact the AD with any questions or concerns.

### **What are ways that I can help out/volunteer?**

- Avon Grove Wildcats Board of Directors
- Coaches - Head or Assistant
- Team Parent
- Medical (Requires Red Cross certification or equivalent)
- Fundraising
- Game day help - concessions, parking, etc.

### **Can I make a donation to the Wildcats organization?**

The Avon Grove Wildcats is a non-profit, volunteer youth football and cheerleading organization. Formed in 1993, the AG Wildcats strive to provide high quality, athletic instructional opportunities for the youth of our community, while emphasizing safety, competitiveness, good sportsmanship, and the importance of academic achievement.

Our Sponsorship program is vital to the Wildcats Organization. The funds through this program help pay for equipment, uniforms, field maintenance and safety programs. Sponsoring the Wildcats is not only a way to support this Organization and community youth, but it will also provide local businesses large marketing exposure to a great demographic of hundreds of families in our local community. Donations of any size are appreciated, but we also offer the below sponsorship programs:

Wildcat - Company Logo placed on Football jerseys\*, Company Logo placed on Website, and sign above Scoreboard (\$8,000)

Touchdown - Company Logo placed on Website & Social Media, Sign above Scoreboard and Game Day Announcements (\$2,500)

Gold - Company Logo on Website & Social Media, Game Day Announcements and Fence Banner (\$1,000)

Maroon - Company Logo on Website & Social Media, Game Day Announcements and Yard Sign (\$500)

Our Tax ID number is 23-2731219

\*Commitment would need to be finalized before jerseys are ordered in Summer 2024

**Consider joining the Facebook group or Instagram as well for updates:**

[Facebook](#) and [Instagram](#).

[Facebook - Cheer](#)